



NAACP

DeKalb County Branch
FOR IMMEDIATE RELEASE

MEDIA CONTACTS
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August , 2021

NAACP DeKalb Hosts Virtual 5K Run/Walk

Decatur, GA. The National Association for the Advancement of Colored People (NAACP) DeKalb County Branch will host its Inaugural Virtual 5K Walk/Run Friday, September 24th through Sunday, October 3rd, 2021. The COVID-19 pandemic has caused many to be sedentary and this non-traditional event will be a great way to:

- run/walk at your own pace, wherever and whenever you want
- find creative ways to include your whole family
- set and achieve a personal fitness goal

President Teresa Hardy states, “COVID-19 has transformed the way we communicate and support each other. We will use this event to run with a purpose, support our community and promote healthy living. ***Let’s Run COVID-19 Out of Dekalb County!***”

Join us by either running or walking one day or all ten days. Take photos of yourself or if you are in a group, take pictures with your group and email them to 5KRun@naacpdkalb.org. Also, be sure to check out our [5K Run/Walk Promotional Video](#).

To register, become a sponsor, or donate, go to our website at www.naacpdkalb.org. For more information contact Dr. Chris Griffith, Health Committee Chair, at (404) 241-8006 or 5KRun@naacpdkalb.org.

Teresa Hardy, President

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